

# Ageing Well and Later Life

Richard Kirby  
Chief Executive

Birmingham Community Healthcare  
NHS Foundation Trust

# Too often older people are let down by our current system

CQC System Review (Birmingham) – January 2018

*'A&E attendances and emergency admissions of older people were consistently high in Birmingham.'*

*'Services not always responsive to people's needs in a time of crisis'*

*'variation across the city'*

*'Historically relationships ...challenging with a lack of partnership working'*

*'Delayed transfers of care and high rates of emergency readmissions compromised the safety of older people in Birmingham at the point when they were returning home.'*

*'admitted to hospital with social rather than medical needs'*

# There is a clear case for major change

Review of services, December 2017, Newton Europe

| Improvement area  | Outcome  |
|---|--|
| Right professionals responding more quickly to a crisis                           | <i><u>2,900 to 3,500</u> older people could avoid acute hospital.</i>                        |
| Improve assessments and promptly provide right support                            | <i>older people could spend <u>28,000 to 40,000</u> fewer days in hospital.</i>              |
| Discharge older people from hospital to assess longer term needs in the community | <i><u>600 to 1,000</u> older people could live more independently with the right support</i> |
| Deliver a shorter stay within an enablement bed                                   | <i><u>300 to 600</u> older people could live more independently at home.</i>                 |
| Delivering therapy-led enablement in their own homes                              | <i><u>2,300 to 4,000</u> older people could live more independently.</i>                     |

# We have developed a vision for Ageing Well and Later Life

- Implement Ageing Well strategy
- Implement multi-agency dementia strategies
- Co-ordinate health and social care into locality framework (align mental health; primary, secondary, community care; local authorities; independent providers; third sector)
- Establish multi-disciplinary teams to remove barriers
- Establish specialist care centres for older people
- Revise home care services
- Support residential and nursing home provision
- Explore assistive technologies
- Value and support carers

# We are organised in three workstreams

- *Solihull Together* – bringing together health and social care to improve support for people to live well at home.
- *Birmingham Older People's Programme* – improved prevention, early intervention to help people stay independent, ongoing personalised support when needed.
- *End of Life Care* – covering Birmingham and Solihull, improving support for people at the end of life.

# Our priorities: Solihull Together

- Establish **3 Locality areas**; engaging with communities to integrate services.
- Extend **Older People's Assessment & Liaison (OPAL)** service to help more people to stay well at home.
- Reduce hospital **delayed discharges** by improving information, advice, support to patients and families.
- Through '**SupportUHome**' approach support people to return home safely after hospital stay maximising their independence.
- Test and take up benefits of **assistive technology** in new care home and extra care housing developments.

# Our priorities: Birmingham Older People's Programme

- **Prevention** – roll out community assets approach, working with community organisations to build local support networks.
- **Early Intervention** – redesign of our intermediate care services: assessment and rapid response to prevent admission and safe and effective discharge after acute care.
- **Ongoing Personalised Support** – integrated neighbourhood teams serving c. 50,000 people and improved support to care homes to reduce emergency hospital admissions.

# Our priorities: End of Life Care

- Improving **education** and advance care planning.
- **Co-ordinated and timely end of life care** and support in setting of choice: home-based urgent 24/7 care; timely discharge; personal health budgets; virtual co-ordination facility.
- Community and citizen **engagement**: embedding compassionate approach; carer and bereavement networks
- Establishing a **Birmingham and Solihull Centre of Excellence**.

# Ageing Well and Later Life in Birmingham and Solihull

